



Professional Experience

Senior Journalist, BBC News, Belfast, May 2025 – present

- Frequently acting up as both On the Day and Futures Assistant Editor for BBC News Northern Ireland, driving teams to produce original and impactful multiplatform content to the highest editorial standards with the most cost-effective use of resources.
- Pitching, planning, news editing and influencing BBC News Northern Ireland's daily and longer-term news agenda across platforms, advising editors and colleagues on the importance of particular issues while dealing with complex legal and editorial issues.
- Field producing BBC News' Ireland Bureau's day-to-day storytelling and longer-term newsgathering projects, driving the bureau's multiplatform content, planning deployments, and advising editors and colleagues in London on story merit as well as nuanced legal and editorial issues.

Senior Journalist (freelance), BBC News, Belfast, February – April 2025

- Pitching, planning, news editing and influencing BBC News' and BBC News Northern Ireland's day-to-day and longer-term coverage across platforms.

Specialist Producer, Security and Defence, Sky News, London, September 2022 – December 2024

- Producing Sky News' Security and Defence coverage in day-to-day storytelling and longer-term newsgathering projects in fast-paced and hostile environments.
- Field producing and generating content for online, digital, TV packages, live broadcasts and podcasts. Stories include: Russia's war in Ukraine; the Israel-Hamas/Hezbollah/Iran wars; the growing threat of Russia; Iran's alleged military support of Russia; NATO's military spending and preparedness; the 2024 General Election in Northern Ireland; funding, recruitment and cost of living crises within the UK's armed forces.
- Researching, producing and directing 'Untouchable: Inside the Red Arrows', a one-hour documentary investigating sexual harassment, sleaze and bullying in the Red Arrows.
- Writing copy for the Sky News website, app and social media.
- Obtaining exclusive interviews with decision-makers at the highest level, as well as rare frontline access in Ukraine.

Foreign News Editor, Sky News, London, September 2019 – August 2022

- Driving Sky News' foreign news agenda by prioritising stories and deciding editorial approaches and presenting newsgathering plans and priorities to senior management when routinely acting up as Senior Foreign News Editor.
- Field producing and generating content for online, digital, TV packages and live broadcasts. Stories include: the 2019 Brexit deal in Brussels, Italy's COVID-19 pandemic, the Tokyo 2020 Olympics, Sri Lanka's economic crisis, and Barbados' transition to a republic.
- Planning Sky News coverage, including the 2020 U.S. Presidential Election and 10th anniversary of Syria's civil war.
- Planning, producing, researching, and securing interviews for the 'Into the Grey Zone' Podcast with the Foreign Affairs Editor.
- Managing Sky News' ten foreign bureaux and five specialist teams to produce and coordinate content delivery for online, digital, and TV, ensuring coverage is fast, accurate and high-quality.
- Allocating correspondent and team resource and deploying specialist and foreign bureau staff on editorial merit, in collaboration with planning teams.

Europe Producer, Sky News Europe Bureau, Brussels, August 2017 – August 2019

- Frequently acting up as Europe Editor, driving the bureau's multiplatform content and planning deployments.
- Field producing and generating content for online, digital, TV packages and live broadcasts. Stories include: Brexit; G7, EU and NATO summits; European terror attacks; Europe's migration crisis; 2018 Hungarian and Swedish elections; Gilets Jaunes Paris protests; human trafficking in Romania; Indonesia's 2018 earthquake and tsunami.
- Producing specialist and senior correspondents as well as visiting editors, including Sky News' Editor at Large, Political Editor, Diplomatic Editor and Foreign Affairs Editor.
- Producing and guest producing Sky News' flagship political programme 'All Out Politics' during EU Summits.
- Regularly producing interviews and doorsteps with the British Prime Minister and international leaders and politicians to deliver breaking and exclusive developments on global affairs.
- Securing several Sky News exclusive interviews: first TV interview with a Russian official post-Salisbury poisoning and first international TV interview with exiled then President of Catalonia Carles Puigdemont.

Education

August – December 2016 Press Association Training, London

Diploma: Fast Track NCTJ Multimedia Journalism

- Training in news reporting, video and online journalism, media law, public affairs, subbing and teeline shorthand.

2012 – 2016 Newcastle University

Degree: First, BA (Honours) Combined Honours in English Literature and French

- Second in the Stephenson Noble Prize for the most outstanding academic achievement across the degree.

2005 – 2012 Methodist College Belfast

A Level: French A, Spanish A, English Literature B

AS Level: French A, Spanish A, English Literature A, Government and Politics A

11 GCSEs: 8 A* and 3 A Grades, including English A*, Maths A*

Skills

- Languages: Native English, Fluent French, Intermediate Spanish.
- Training: Hostile Environment and First Aid Training (HEFAT) 2018 & 2021.
- Editing: proficient in Adobe Premiere Pro, Rio, Cinegy, Dalet.
- Voluntary: Senior Fellow (Mentor), John Schofield Trust.